Blood Glucose Level Monitoring

	Insulin Type	Breakfast	Lunch	Dinner		Before	After	Before	After	Before	After	Before	Overnight
		(units)	(units)	(units)		Breakfast	Breakfast	Lunch	Lunch	Dinner	Dinner	Bed	
Day 1					BGL mmol/L								
					Comments								
Day 2					BGL mmol/L								
					Comments								
Day 3					BGL mmol/L								
					Comments								
Day 4					BGL mmol/L								
					Comments								
Day 5					BGL mmol/L								
					Comments								
Day 6					BGL mmol/L								
					Comments			-					
Day 7					BGL mmol/L								
					Comments								
	Insulin Type	Breakfast (units)	Lunch (units)	Dinner (units)		Before Breakfast	After Breakfast	Before Lunch	After Lunch	Before Dinner	After Dinner	Before Bed	Overnight
Day 8					BGL mmol/L								
					Comments								
Day 9					BGL mmol/L								
					Comments			-	·	·			,
Day 10					BGL mmol/L								
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Day 11					BGL mmol/L								
					Comments	_	ļ.	I	ļ		•		I
Day 12					BGL mmol/L								
					Comments		.						
Day 13					BGL mmol/L								
					Comments					1			1
Day 14					BGL mmol/L								
					Comments		1				1	1	1